

A First Explanation

Most people do not need any explanation why they live, why they are here. They are either happy with their existence or unhappy, and in neither case can a book like this make them any happier. It is not for them that this book has been written.

There is another group of people, however, not very large but growing; those who have become aware of their need of an explanation. The majority of them have tried one thing or another without being satisfied: religion, philosophy, science, occultism or new age teachings....

This group could be called the independent seekers....

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