THE LAW OF ACTIVATION

⁷ You do not remedy faults and failings by fighting them. In so doing you rather strengthen them, since consciousness stimulates whatever it observes. You remedy them by never considering them and by constantly meditating on the opposite qualities.

⁸ Dejection, depression is cured with selfforgetfulness; pride with humility; touchiness, irritability with invulnerability; etc.

⁹ Anyone who cares about how it feels lacks the impassivity of noble indifference.

¹⁰ Johannes Müller (Elmau) thought that the one right way of living (the trick of life) was to be intensely absorbed in the present in order to be able to solve the problems of the present perfectly, that the mystics were wrong who had their undivided attention directed to " god"....

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