

*By meditating we send that
idea of unity out into the
mental world ...*

¹ Purposes of esoteric meditation are to acquire “soul control” (dominance by causal energy), to acquire the ability to serve (presupposes will to unity, experience of life, and wisdom of life), to acquire causal and essential consciousness, to help the planetary hierarchy in its work.

[...]

³ From the esoteric point of view, meditation is primarily necessary to daily inculcate on us the importance of striving for unity, so that we strive to realize the insight saying that we all without exception make up a unity and that without this insight and its realization there can never be any peace on earth. The “will to unity” must be the determining motive of all action, quite independently of the attitudes of other people. By meditating we send that idea of unity out into the mental world and make it easier for ourselves to apply that most basic of all the laws of life: the law of unity.

[...] [Continue reading, scroll to 1.22 Purposes of Esoteric Meditation](#) Knowledge of Life One

Translated from Swedish in the hylozoically direct style. Original books of essays are found on the drop-down at top-left of page at laurency.com.

HylozoicExcerpts